Date: 28/01/15

Dear Parent/Caregiver,

Health education is an important curriculum area and topics such as safety, physical activity, nutrition, mental and emotional health, resilience and drug education and healthy relationships are covered from Year 7 to Year 10 during students' PDHPE (Personal Development, Health and Physical Education) classes. It is important that children and young people are given accurate, reliable and appropriate health information and skills in a supportive environment, and the home is one of the best places for this education to occur. However, support from the school environment is also important.

Teachers at this school are taking positive measures to help students understand all aspects of their health including their relationships and sexuality and how this relates to their lives now and in the future.

Specific content taught that reflects BOSTES (Board Of Studies Teaching & Educational Standards in NSW) includes:

Year 7 PDHPE: Students learn about adolescence and change. This includes managing the changes associated with puberty, including reproductive health.

Year 9 PDHPE: Students learn about sexuality and sexual harassment and vilification. This includes recognising and responding to abusive situations, including date violence.

Year 10 PDHPE: Students learn about sexual health. This includes qualities appropriately expressing and exploring sexual feelings, sexual choices and their consequences and planning and managing sexual health.

For further information related to the mandatory content taught by our HPE (Health and Physical Education) faculty, please contact Mr M. Radisic or Mrs M. Robson on 9632.9401 HPE staff room.

Yours sincerely

Principal: Ms L. Mularczyk

Head Teacher HPE: Mr M. Radisic

Ms L. Mularczyk  Mr A. Prasad  Ms B. Giudice  Mr S. Wark
Principal  Co-Principal  Co-Principal  Deputy Principal